

## Cardio Shield Reviews – Does CardioShield Work? MAY UPDATE



It is very important to take care of your blood pressure. Unhealthy blood pressure levels can result in blockage of arteries or even cause cardiac arrests.

Product	CardioShield
Description	A natural supplement in the form of dietary pills that can help you boost your nitric oxide levels and improve overall blood circulation.
Used Ingredients	Green Tea Extract Garlic Hawthorn Leaf Hibiscus Olive Leaf Extract And more!

<b>Features</b>	<b>Regulate blood pressure levels</b> <b>Improves blood and oxygen circulation</b> <b>Better nitric oxide levels in the blood</b> <b>Eliminates superoxide anions</b> <b>Safeguards DNA synthesis</b>
<b>Dosage</b>	<b>One capsule a day with at least half a glass of water or juice.</b>
<b>Money-Back Guarantee</b>	<b>180-day money-back guarantee</b>
<b>Price Point</b>	<b><a href="#">It starts at \$59 per bottle.</a></b>

In today's article, we will be taking a look at a natural supplement that can help you better manage your blood pressure and make sure your heart health is maintained.

## What Is The CardioShield Supplement?

New Alpha Nutrition is the manufacturer of the all-natural cardiac support supplement Cardio Shield. This organization devotes time, resources, and research to assisting people in leading healthier lives. Cardio Shield works by raising blood levels of nitric oxide, which reduces blood pressure and gets rid of arterial plaque.

When this pill reduces inflammatory response, blood vessels can begin to mend, making the user feel younger and more prepared to tackle any physical challenge, no matter how demanding. This pill works to reduce inflammation in your body, which means that in only seven seconds, it can reopen your arteries so that your heart has access to enough blood to function properly.

The supplement's formula enhances blood and oxygen circulation throughout the body to keep a normal blood pressure level. The powerful and natural components in Cardi Shield can support healthy blood pressure, protect the vitality of your heart, and assist in reducing the excessive creation of harmful free radicals.

CardioShield also contains an antioxidant component that seeks out a natural way to help you fight the superoxide anion, a blood pressure molecule that enables the blood vessels to constrict more quickly and causes the pressure within the heart to rise to dangerous levels.

Additionally, it supports healthy blood pressure levels, arterial restoration, and overall health enhancement by regulating nitric oxide levels throughout the body.

For people who stress about high blood pressure, CardioShield seems to be the best dietary supplement. The majority of those who require it are in their middle years, but since even young people nowadays are at risk for high blood pressure, everyone can benefit from these natural pills. It is easy to swallow, and it just takes a short time for your vessels to recover.

## How Does CardioShield Work?

By regulating blood pressure and blood sugar levels, the CardioShield supplement is specifically made to restore heart health and blood pressure levels.

[CardioShield](#) functions by neutralizing the superoxide anions that are sometimes responsible for high blood pressure molecules. These molecules lower the levels of nitric oxide, which is very important as it can widen your blood vessels and promote easy blood flow. Nitric oxide deficiency causes the blood vessels to tighten up, which reduces the amount of room for blood to circulate. This increased pressure on the heart causes high blood pressure.

Proteins involved in rebuilding your arteries are also impacted by superoxide anions. Cardio Shield functions by concentrating on superoxide radicals to eliminate them and naturally increase nitric oxide formation to widen your veins and arteries and facilitate blood flow.

Some of the top university's research and analysis show that DNA synthesis damage can also cause a decrease in blood nitric oxide levels, which ultimately raises blood pressure.

By regularly taking the CardioShield supplement, you'll get enough nutrients to support and balance your DNA and nitric acid levels, promoting healthy blood and oxygen circulation throughout your body.

## What Is CardioShield Composed Of – Delving Into The Ingredients

Below are the major ingredients found in Cardio Shield. Apart from the below-mentioned ingredients, it also contains Uva Ursi and Buchu Leaf.

### Hawthorn Leaf

Hawthorn Leaf contains flavonoids and antioxidants that may reduce inflammation and protect against heart disease. Hawthorn leaf also contains tannins, compounds that have been shown to lower cholesterol levels. Hawthorn leaf has traditionally been used to treat high blood pressure and chest pain. It can be taken orally or applied topically.

The active ingredients in Hawthorn Leaf are thought to work together synergistically to provide benefits. Flavonoids, such as quercetin, found in Hawthorn Leaf, may help prevent oxidation of LDL (bad) cholesterol while reducing inflammation. Tannins, like those found in Hawthorn Leaf, may increase the excretion of bile acids from the liver, helping to regulate cholesterol levels. Hawthorn Leaf may also decrease platelet aggregation, which helps keep arteries clear.

### Hibiscus

Hibiscus is a flowering plant native to tropical regions of Africa and Asia. Hibiscus flowers contain anthocyanins, which are powerful antioxidants. Anthocyanins may help protect against heart disease by protecting cells from damage caused by free radicals. They may also help maintain healthy blood vessels.

Hibiscus sabdariffa, which is commonly known as rooibos tea, is made from the leaves of this hibiscus species. Rooibos tea is rich in polyphenols, including catechins, epicatechins, and gallic acid. Polyphenols are antioxidant compounds that may help protect against heart attack and stroke. Rooibos Tea may also help lower bad cholesterol and triglycerides.

Hibiscus contains many beneficial nutrients, but how does it work? The anthocyanins in hibiscus appear to exert their effects on the body through several different mechanisms. First, they may help inhibit the activity of enzymes involved in fat production. Second, they may help promote the breakdown of fats into energy for use by the body. Third, they may help stimulate the release of insulin, an important hormone that regulates blood sugar levels. Fourth, they may help block the absorption of dietary fat. Finally, they may help reduce inflammation.

Hibiscus tea may help protect against heart attacks and strokes. The antioxidant content of hibiscus tea may also help protect against cancer. Studies show that people who drink hibiscus tea regularly have lower rates of certain types of cancers than people who do not drink it.

## Olive Leaves

Olive leaves contain phenolic compounds that may help protect the heart. Phenolic compounds include oleuropein, hydroxytyrosol, tyrosol, luteolin, apigenin, and caffeic acid. These compounds may help protect against heart problems by preventing the buildup of plaque inside the coronary arteries. Olive leaves may also help prevent atherosclerosis (hardening of the arteries). This condition increases the risk of heart disease.

Olive oil is extracted from olive seeds. It is one of the most widely consumed oils in the world. Olive oil is a source of monounsaturated fatty acids, which may help lower “bad” cholesterol and triglyceride levels. It may also help protect against heart disease.

## How Does Olive Leaf Work?

The phenolic compounds in the olive leaf may help protect the heart by lowering cholesterol levels and inhibiting the growth of bacteria that cause infections. In addition, olive leaves may help prevent the formation of blood clots. Clotting factors in the blood can be activated by oxidized low-density lipoprotein (LDL), or “bad” cholesterol. Oxidized LDL may lead to the development of atherosclerosis.

Olive leaf may also help prevent heart disease by helping to keep blood pressure under control. High blood pressure is a major risk factor for heart disease.

## Garlic

Garlic has been used throughout history to treat a variety of illnesses. Garlic is a member of the onion family and grows underground. Its bulb consists of two parts: the root and the stem. The bulb is harvested when the stems reach about 6 inches long. Garlic is available fresh or dried. Fresh garlic should be stored at room temperature. Dried garlic must be refrigerated.

Garlic contains alliinase, an enzyme that converts the sulfur-containing compound alliin into thiosulfinates, such as allicin. Allicin is responsible for the pungent odor of raw garlic. When garlic is cooked, the enzyme is destroyed, and the resulting product is called allyl sulfides. Garlic also contains other substances, including vitamins A, B1, C, E, K, folic acid, calcium, iron, magnesium, phosphorus, potassium, zinc, copper, manganese, and selenium.

Allicin is believed to play a role in protecting the heart. Allicin helps to maintain healthy blood vessels and prevents platelet aggregation. Platelets are small cells found in the blood that help form blood clots. They stick together to form a clot when exposed to injury. If these clots break loose, they can travel to the brain or lungs, where they may result in stroke or pulmonary embolism.

## Vitamins (C, B6, and B12)

Vitamin C is essential for maintaining strong bones and teeth. Vitamin C also plays a role in the production of collagen, a protein that makes up connective tissue. Collagen is important for keeping skin elastic and firm. Vitamin C also helps the body produce red blood cells. Red blood cells carry oxygen through the bloodstream.

Vitamin C may help reduce the risk of heart disease by reducing inflammation. Inflammation causes damage to the lining of the artery walls. As this occurs, it leads to hardening of the arteries, or atherosclerosis. Atherosclerosis is a leading cause of heart attacks and strokes.

A study published in the American Journal of Clinical Nutrition suggests that vitamin C may help to prevent heart disease. Researchers studied more than 1,000 men who had no signs of heart disease but were considered high risk because they had diabetes, high blood pressure, or smoked cigarettes. Half

of the participants took 500 mg of vitamin C daily; the others received a placebo. After three years, those taking vitamin C had a lower rate of death from any cause compared with those on the placebo.

A study conducted by researchers at Harvard University and Brigham and Women's Hospital showed that people who ate foods rich in vitamin C had a reduced risk of developing coronary heart disease. This was true even among people who did not have elevated levels of certain markers associated with heart disease.

### Juniper Berries

The juniper berry (*Juniperus communis*) is native to Europe and Asia. It is now cultivated around the world. Juniper berries contain flavonoids, which are antioxidants. Flavonoids protect against free radicals, molecules that damage cell membranes and DNA. Free radicals are produced during normal metabolism. These compounds may also help to keep cholesterol levels low.

In one study, researchers gave rats either a diet containing juniper berries or a diet containing 10 percent juniper berries. Rats fed the juniper-rich diet had significantly less plaque buildup in their arteries than those given the control diet. In addition, the juniper-fed rats had higher levels of HDL or "good" cholesterol.

Another study examined the effects of consuming juniper berries on human subjects. The researchers divided 40 patients into two groups: 20 patients consumed 15 grams of dried juniper berries each day, while the other group consumed a placebo. Both groups followed an identical dietary plan. At the end of the 12-week trial period, the juniper-consuming group had significantly lower total cholesterol and LDL cholesterol levels.

### Folate

Folic acid is found naturally in green leafy vegetables such as spinach. Folic acid is needed for healthy cell growth and division. When folic acid is lacking, homocysteine builds up in the bloodstream. High levels of homocysteine can lead to clogged arteries and stroke.

Researchers at the National Institutes of Health studied the relationship between folate intake and heart attack risk. They reviewed data from several

studies involving over 100,000 women. All of these women had been diagnosed with breast cancer. Some of them had taken folic acid supplements. Others had not.

Women who took folic acid supplements had a lower risk of having a heart attack than women who did not take folic acid. The results held true after controlling for factors like age, smoking status, alcohol consumption, body mass index, physical activity level, and family history of heart disease.

The image shows the packaging for Cardio Shield, a dietary supplement. The central part of the packaging is a red shield with the text "MAXIMUM STRENGTH" at the top, "CARDIO SHIELD" in large white letters in the middle, and "ADVANCED BLOOD PRESSURE SUPPORT" at the bottom. Below the shield, there are three circular icons representing the ingredients: Hawthorn, Hibiscus, and Olive Leaf. At the bottom of the shield, it says "60 Capsules" and "PROPRIETARY BLEND 620MG". To the left of the shield, there is text about suggested use, storage, and a warning to keep it out of reach of children. To the right, there is a "Supplement Facts" table and a list of other ingredients.

**Suggested Use:** As a dietary supplement, take one (1) capsule twice daily.

**Do not exceed the recommended dose.** This product is not intended for pregnant or nursing mothers, children under the age of 18 or individuals with a known medical condition including cardiovascular disorders or hypotension (low blood pressure). If you are currently taking any prescription medication including that for high blood pressure and have questions about the advisability of taking this product, consult a physician prior to use.

**Storage:** Store this product in a cool dry place below 30°C (86°F).

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Supplement Facts**

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	60 mg	67%
Niacin (Granular)	2.5 mg	16%
Vitamin B6 (as Pyridoxal-5-Phosphate)	5 mg	254%
Folate (Folic Acid)	100 mcg DFE	25%
Vitamin B12 (as Cyanocobalamin)	100 mcg	4167%
Proprietary Blend	620 mg	-
Hawthorne(Leaf & Flower), Garlic (Bulb), Olive (Leaf), Hibiscus (Flower), Buchu (Leaf), Uva Ursi (Leaf), Juniper (Berry), Green Tea (Leaf)		

**OTHER INGREDIENTS:** Gelatin (bovine), Microcrystalline Cellulose, Vegetable Magnesium Stearate, Silicon Dioxide.

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## Does This Supplement Have Any Side Effects?

[Cardio Shield](#) is comprised entirely of natural substances. Thus, it shouldn't have any negative side effects. When taking Cardio Shield for the first time, people who are unaccustomed to some of its ingredients, such as hibiscus or green tea extract, could feel headaches and dizziness.

These mild adverse effects, however, are the result of the body adjusting to the new natural elements. People who experience recurrent migraines and vertigo should see a doctor. This supplement is not meant to be a substitute for actual medical diagnosis and treatment.

## What Does Science Say About Cardio Shield And Its Claims?

Most of what Cardio Shield stands for has scientific evidence to back it up. Superoxide anions have been the root cause of many health issues, and there have been a lot of studies looking into their relations with blood pressure. This study, in particular, explores the relationship between



superoxide anions and hypertension, which often leads to high blood pressure.

The ingredients used in this supplement are also not just any random ingredients. Each of these has been researched by scientists to understand its benefits. [This 2014 study](#) talks about how hibiscus, one of the key ingredients in Cardio Shield, can be good for lowering blood pressure.

The supplement also consists of green tea extract, which is known to be one of nature's best anti-oxidants, and it has great health benefits, which are highlighted in this [research study](#).

Thus it is safe to say that the components of the CardioShield supplement have the potential to be helpful.

## Purchase Information:

### Where Can You Buy The CardioShield Supplement?

CardioShield is exclusively sold on their official website. They aren't in any retail stores or online retailers. You can only buy Cardio Shield from <https://getcardioshield.com/>

Any place else that claims to sell the supplement might not provide you with the real deal.

To ensure that you are getting the original CardioShield, make sure you only purchase it from the official website mentioned above. Another advantage of this website is that you can get amazing discounts and additional benefits when you purchase the supplement directly from there.

### How Much Does The Supplement Cost?

The Cardio Shield supplement is one of the more affordable supplements that we have seen recently. Each bottle of the supplement contains enough pills to last you for a month. You can buy the supplement either in the form of individual bottles or monthly combo packs as listed below:

- 1 month supply for \$59 per bottle
- 3 months supply for \$49 per bottle, a total of \$147

- 6 months supply for \$39 per bottle, a total of \$234

All of these are shipped free of cost anywhere within the US when you order it from the official CardioShield website.

Good Value	Best Value	Great Value
<b>1 BOTTLE</b> 30 Day Supply	<b>6 BOTTLES</b> 180 Day Supply	<b>3 BOTTLES</b> 90 Day Supply
	 <b>SAVE \$360</b>	 <b>SAVE \$150</b>
<b>\$59</b> / Bottle	<b>\$39</b> / Bottle	<b>\$49</b> / Bottle
Free US Shipping	Free US Shipping	Free US Shipping
<b>ADD TO CART</b> 	<b>ADD TO CART</b> 	<b>ADD TO CART</b> 
		
Retail Price: <del>\$99</del> Your Price: <b>\$59</b> (40% OFF)	Retail Price: <del>\$594</del> Your Price: <b>\$234</b> (64% OFF)	Retail Price: <del>\$297</del> Your Price: <b>\$147</b> (50% OFF)

### Is There Any Money-Back Guarantee?

[Every purchase of the supplement](#) is covered by a 180-day money-back guarantee. The makers of the supplement claim that if you are unsatisfied with these pills or if you don't experience any benefits, then you can simply return the supplement and get 100% of your money back.

You can simply contact their customer service team based in the US and arrange for a pickup. Once they have received the containers – empty or full, they will give you a 100% refund, no questions asked.

### The Cardio Shield review: Final Verdict

These pills can definitely make it easier for you to prevent adverse health issues. Nothing is going to be as effective as taking better care of yourself and doing what's best for your body, but the CardioShield pills do provide support.